

Conference Registration

Please Print

Name: _____

Credentials: *(only 2)* _____

Address: _____

Phone: _____

Email: _____

Agency/Hosp/Org: _____

Prof. License Number: _____

Registration includes continental breakfast and buffet lunch for both days, all conference materials, and continuing education credit.

Both days-\$210

Thurs only-\$130

Fri only-\$130

I am eligible for

a discount. Agency or LLL Group: _____

\$10 discount for LLL Leaders; Group discount with 5 or more attendees submitted from one agency, \$10 off each registration.

Late Fee: Add \$50 after April 1st

Make checks payable to: **LANC**

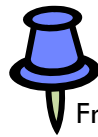
Send payment to:

P.O. Box 1093
Chico, CA 95927

Cancellations postmarked by April 10 will result in a full refund, minus \$25 processing fee.

For more information, call (530) 891-2868 or go to:

www.lactationadvocatesofnorcal.org



Conference Directions

From Highway 99 North or South, take the E 20th Street off ramp WEST .3 miles (two stoplights). **Sierra Nevada** is on the left side of the street, 1075 E 20th. Ample parking is available next to the Brewery.



Hotel Accommodations

From Highway 99 North or South, take the E 20th Street off ramp EAST, to your first right, Business Lane. Oxford Suites is located at 2035 Business Lane.

Special conference rates are available for Wednesday April 16, Thursday April 17, and Friday April 18 if reserved before March 16, 2008. Ask for group name **LANC** to receive discount. Reservations can be made by calling 1-800-870-7848.

- King Suite-\$84 single occupancy
- Two Queen Suite-\$84 double occupancy



Lactation Advocates of Northern California
Presents

Lactation Research and Clinical Practice

with

Dr. Thomas Hale
and
Barbara Wilson-Clay

April 17 & 18, 2008



Sierra Nevada Brewery

The Big Room

1075 E 20th Street
Chico, CA 95928

Lactation Advocates of Northern California presents a conference featuring leading experts in the field of lactation research and clinical management.

Who Should Attend? Nurses, physicians, mid-level practitioners, pharmacists, dietitians, midwives, doulas, lactation consultants, La Leche League leaders, WIC staff, and medical office personnel.

Conference Objectives

Upon conclusion of this conference, participants will be able to:

- Describe the transmission of drugs into breastmilk and how to breastfeed away from peak levels.
- Evaluate conditions that promote candida growth and development.
- Evaluate changes in prolactin secretion and their implication to breastfeeding.
- Determine the timing of administration of medications and their likely impact on breastfeeding following anesthesia.
- Provide information on the best use of antidepressants in lactating women.
- Describe the use of various medications common in mothers of premature infants.
- Describe the prevalence of antibiotic resistant infections in postpartum women, specifically both hospital and community acquired MRSA.
- Describe how the length and diameter of the nipple may impact breastfeeding and pumping.
- Describe situations in which the thin silicone nipple shield may be an appropriate clinical intervention.
- Describe strategies to eliminate sources of nipple trauma.
- Discuss the ethical issue of informed consent within the context of infant feeding choice.

Agenda

Thursday, April 17, 2008

- 7:15 Registration and Breakfast
8:00 Welcome and Speaker Introductions
8:10 Using Medications in Breastfeeding Mothers, Dr. Hale
9:40 **Break**
10:00 Candida Infections: All the Details, Dr. Hale
11:00 Case Study of a Mother with Afebrile MRSA Mastitis with Abscess Formation, B. Wilson-Clay
12:00 **Lunch**
1:00 Anatomic Variability as an Unexplored Issue in Breastfeeding Management, B. Wilson-Clay
2:30 **Break**
2:45 Drugs and Milk Production, Dr. Hale
3:45 Breastfeeding, Guilt, and Informed Consent: Ethical and Counseling Issues for Clinicians, B. Wilson-Clay

Friday, April 18, 2008

- 7:15 Registration and Breakfast
8:00 Anesthetic/Epidural Medications and their Impact on Breastfeeding, Dr. Hale
9:00 Using Antidepressants in Breastfeeding Mothers, Dr. Hale
10:00 **Break**
10:20 Experiences in Using Nipple Shields, B. Wilson-Clay
11:50 **Lunch**
12:50 Sore Nipples: A New Look at an Old Problem Using Evidence-Based Care, B. Wilson-Clay
2:50 **Break**
3:05 Clinical Therapy in Breastfeeding Mothers with Preterm Infants, Dr. Hale
4:05 Questions & Answers, Conference Evaluations

Faculty



Dr. Thomas Hale is Professor of Pediatrics and Assistant Dean of Research at Texas Tech University School of Medicine. He holds degrees in Pharmacy and a Ph.D. in Pharmacology and Toxicology, and is widely experienced in Pediatric and Breastfeeding Clinical Pharmacology. He was a National Institute of Health Postdoctoral Fellow and a member of the U.S. Pharmacopeial Convention in Washington, D.C. from 1985-1990. He is the author of *Medications and Mother's Milk*, the top-selling drug reference manual in the world.



Barbara Wilson-Clay, BSEd, IBCLC has a busy private practice in Austin, Texas, where she has worked as a lactation consultant since 1987. She has been a La Leche League Leader since 1981. Her research and commentaries have appeared in numerous professional journals, including the *Journal of Human Lactation*. She served a term on the International Board of Lactation Consultant Examiners (the IBLCE) where she sat on the ethics and exam committee. She is co-author of *The Breastfeeding Atlas*.

Continuing Education Information

Butte County Public Health Department is approved as a provider of continuing education by the California BRN Provider Number: CEP 13763 for 15.9 Contact Hours.

Application has been made for CERP's from the International Board of Lactation Consultant Examiners.

Enloe Medical Center designates this educational activity for a maximum of thirteen (13) AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity. This credit also may be applied to the *CMA Certification in Continuing Medical Education*.